

CHEERLEADING DRESS SIZE CHART

Last Updated: May 2025

Classic Fit - Designed For Easy Unrestricted Movement

WOMEN

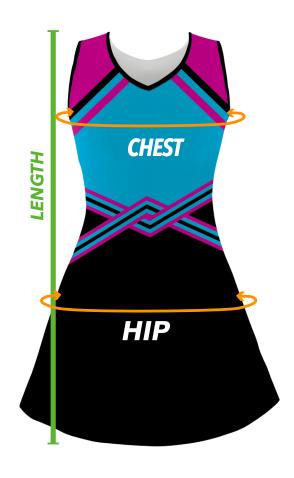
SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
FRONT LENGTH	31 - 32	32 - 33	33 - 34	34 - 35	35 - 36	36 - 37	37 - 38
1/2 CHEST	15.5 - 16.5	16.5 - 17.5	17.5 - 18.5	18.5 - 19.5	19.5 - 20.5	20.5 - 21.5	21.5 - 22.5
1/2 HIP	14.5 - 15.5	15.5 - 16.5	16.5 - 17.5	17.5 - 18.5	18.5 - 19.5	19.5 - 20.5	20 - 21

YOUTH

	YXS	YS	YM	YL	YXL
FRONT LENGTH	24 - 26	26 - 28	28 -30	30 - 32	32 - 34
1/2 CHEST	12 - 13	13 - 14	14 - 15	15 - 16	16 - 17
1/2 HIP	14 - 15	15 - 16	16 - 17	17 - 18	18 - 20

INFANT & TODDLER

SIZE	2 T	3T	4T	
FRONT LENGTH	17 - 18	18 - 19	19 -20	
1/2 CHEST	11 - 12	12 - 13	13 - 15	
1/2 HIP	11 - 12	12 - 13	13 - 15	



All sizes are in inches*

How To Measure

FRONT LENGTH: Wrap the tape around the fullest part of your chest, keeping it level.

1/2 CHEST: Measure from the top of your shoulder down to your desired length.

1/2 HIP: Find the narrowest part of your waist (where you bend) and measure around it.

If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit.

All measurements are subject to +/- 1 inch difference