TRACK UNIFORM SIZE CHART

Last Updated: May 2025

TRACK SINGLETS

Classic Fit-Designed For Easy Unrestricted Movement

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SIZE	S	M	L	XL	2XL	3XL	4XL
LENGTH	69.85	72.39	74.93	77.47	80	82.55	85
CHEST	88.9 - 95.25	95.25 - 104.14	104.14 - 111.76	111.76 - 123.19	123.19 - 135.89	135.89 - 147.32	147.32 -160

WOMEN

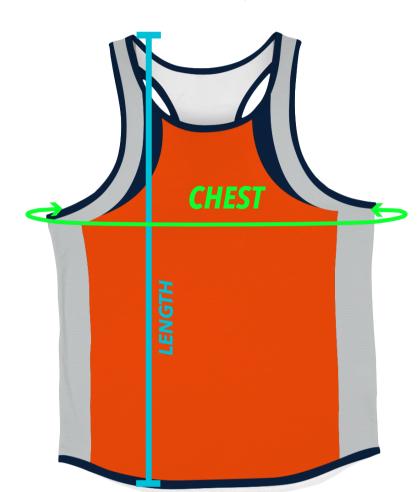
SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
U.S. SIZE	0/2	4/6	8/10	12/14	16/18	20	22
LENGTH	59.69	63.5	66	68.58	71.12	73.66	76.2
BUST	74.93 - 82.55	82.55 - 90.17	90.17 - 96.52	96.52 - 104.14	104.14 - 113	113 - 123.19	134.11 - 143.51

YOUTH

SIZE	YXS	YS	YM	YL	YXL
U.S SIZE	6/7	7/8	10/12	14/16	18/20
AGE (YRS.)	6-7	8 - 9	10 - 11	12 - 13	14+
HEIGHT	119.38 - 129.54	129.54 - 139.7	139.7 - 149.86	149.86 - 160	160.02 - 170.18
LENGTH	50.08	55.88	59.69	63.5	67.31
CHEST	68.58 - 76.2	76.2 - 83.82	85 - 91.44	88.9 - 100.33	92.71 - 107.95

INFANT & TODDLER

SIZE	2Т	3T	4T
AGE (YRS.)	1 - 2	2-3	3 - 4
HEIGHT	83.82 - 88.9	91.44 - 96.52	99 - 104.14
LENGTH	43.18	45.72	48.26
CHEST	63.5	66	68.58
HIPS	38.1	40.64	42.54
WEIGHT (LBS)	66 - 71.12	71.12 - 81.28	81.28 - 96.52



All sizes are in centimeters*

SHORTS

Classic Fit-Designed For Easy Unrestricted Movement

MEN

SIZE	5	M	L	XL	ZXL	3XL	4XL
WAIST	71.12 - 76.2	81.28 - 86.36	91.44 - 96.52	101.6 - 106.68	111.76 - 116.84	121.92 - 127	132 - 137.16
INSEAM	20.32 - 22.22	22.86	23.49	24.13	24.76	25.4	26.67
OUTSEAM	48.26 -50.8	50.8 - 54.61	55.88	57.15	58.42	59.69	59.69

WOMEN SIZE

WAIST	59.69 - 66	66 - 73.66	73.66 - 31.5	31.5 - 34.5	34.5 - 38.5	38.5 - 42.5	46.8 - 50.3
INSEAM	7.62	8.25	8.89	9.52	10.16	10.79	11.43
OUTSEAM	30.48 - 31.75	31.75 - 34.29	34.29 - 36.83	36.83 - 39.37	39.37 - 40.64	40.64 - 41.91	40.64 - 41.91

YOUTH

SIZE

,	10 - 11
HEIGHT 119.38 - 129.54 129.54 - 139.7 139	.7 - 149.86 149.86 - 160.02 160.02 - 170.18
WAIST 59.69 - 60.96 60.96 - 63.5 63	.5 - 68.58 68.58 - 71.12 71.12 - 74.93
INSEAM 16.51 17.78	19.05 20.32 21.59
OUTSEAM 33.65 · 35.56 35.56 · 38.1 38.	73 - 40.64 40.64 - 43.18 43.81 - 45.72



How To Measure

CHEST/BUST: Wrap the tape around the fullest part of your chest, keeping it level. **LENGTH:** Measure from the top of your shoulder down to your desired length.

WAIST: Find the narrowest part of your waist (where you bend) and measure around it.

OUTSEAM: Measure from the crotch down the inside of the leg to the desired length. **INSEAM:** Measure from the top of your shoulder down to your desired length.

If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit.