

Training Shoes

MEN

SIZE	US 5 / EU 38	US 6 / EU 39	US 7 / EU 40	US 7.5 / EU 41	US 8.5 / EU 42	US 9.5 / EU 43	US 10 / EU 44
INSOLE LENGTH	25.3	26	26.7	27.3	28	28.7	29.3

SIZE	US 11 / EU 45	US 12 / EU 46	US 13 / EU 47	US 14 / EU 48
INSOLE LENGTH	30	30.7	31.3	32

WOMEN

SIZE	US 5.5 / EU 36	US 6 / EU 37	US 7 / EU 38	US 8 / EU 39	US 9 / EU 40	US 10 / EU 41	US 11 / EU 42
INSOLE LENGTH	24	24.6	25.3	26	26.7	27.3	28

SIZE	US 11.5 / EU 43	US 12 / EU 44
INSOLE LENGTH	28.7	29.3

YOUTH

SIZE	US 5 / EU 29	US 6 / EU 30	US 7 / EU 31	US 8 / EU 32	US 9 / EU 33	US 10 / EU 34
INSOLE LENGTH	19.5	20.2	20.9	21.6	22.3	23



All sizes are in centimeters