

COMPRESSION SHIRTS SIZE CHART

Last Updated: May 2025

Classic Fit - Designed For Easy Unrestricted Movement

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SIZE	XS	S	M	L	XL	2XL	3XL
LENGTH	67.5 - 70	70 - 72.5	72.5 - 73.5	73.5 - 75	75 - 77.5	77.5 - 79	79 - 81.5
CHEST	89 - 92.5	92.5 - 96.5	96.5 - 101.5	101.5 - 106.5	106.5 - 112	112 - 117	117 - 122

WOMEN

SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
U.S. SIZE	0/2	4/6	8/10	12/14	16/18	20	22
LENGTH	61 - 62	62 - 63.5	63.5 - 66	66 - 68.5	68.5 - 70	70 - 72.5	72.5 - 73.5
BUST	76 - 82.5	82.5 - 87.5	87.5 - 92.5	92.5 - 96.5	96.5 - 101.5	101.5 - 106.5	106.5 - 112

YOUTH

SIZE	YXS	YS	YM	YL	YXL
U.S SIZE	6/7	7/8	10/12	14/16	18/20
AGE (YRS.)	6-7	8 - 9	10 - 11	12 - 13	14+
HEIGHT	119.5 - 129.5	129.5 -139.5	139.5 - 150	150 - 160	160 - 170
LENGTH	53.5 - 54.5	54.5 - 58.5	58.5 - 61	61 - 63.5	63.5 - 67.5
CHEST	71 - 72.5	72.5 - 76	76 - 80	80 - 84	84 - 87.5

INFANT & TODDLER

SIZE	2T	3T	4T
LENGTH/HEIGHT	86-92	92-99	99-107
WEIGHT	12-13	13-15	15-16
CHEST	51-53	53-55	55-57



All sizes are in centimeters*

How To Measure

CHEST/BUST: Wrap the tape around the fullest part of your chest, keeping it level. **LENGTH:** Measure from the top of your shoulder down to your desired length.

If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit.

All measurements are subject to +/- 1 inch difference