

# DISC GOLF UNIFORM SIZE CHART

Last Updated: Nov 2025

#### **SHIRT**

#### Classic Fit - Designed For Easy Unrestricted Movement

MEN

SIZE	S	М	L	XL	2XL	3XL	4XL
LENGTH	70	72.5	75	77.5	80	82.5	85
CHEST	91.5	101.5	112	122	132	142	152.5

WOMEN

SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
LENGTH	59.5	63.5	66	68.5	71	73.5	76
CHEST	81	91.5	101.5	111.5	122	132	142

YOUTH

SIZE	YXS	YS	YM	YL	YXL
U.S. SIZE	6/7	7/8	10/12	14/16	18/20
LENGTH	50.5	55.5	60	63.5	67.5
CHEST	81	86.5	91.5	96.5	101.5

INFANT & TODDLER

SIZE	2Т	3T	<b>4</b> T
AGE (YRS.)	1 - 2	2-3	3 - 4
CHEST	66	71	76
LENGTH	43	45.5	48



All sizes are in centimeters\*

## **SHORTS**

#### Classic Fit - Designed For Easy Unrestricted Movement

MEN

SIZE	S	М	L	XL	2XL	3XL	4XL
WAIST	71 -76	81 - 86	91 - 96.5	101.5 - 106.5	111.5 - 116.5	121.5 - 127	132 - 137
INSEAM	20 - 22	22.5	23	24	24.5	25	26.5
OUTSEAM	48 - 50.5	50.5 - 54.5	55.5	57	58	59.5	59.5

WOMEN

SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
WAIST	59.5 - 66	66 - 73.5	73.5 - 80	80 - 87.5	87.5 - 97.5	97.5 - 107.5	118.5 - 127.5
INSEAM	7.5	8	8.5	9.5	10	10.5	11
OUTSEAM	30 - 31.5	31.5 - 34	34 - 36.5	36.5 - 39	39 - 40.5	40.5 - 41.5	40.5 - 41.5

YOUTH

SIZE	YXS	YS	YM	YL	YXL
NUMERIC	6-7	8 - 9	10 - 12	14 - 16	18 - 20
AGE (YRS.)	6-7	8 - 9	10 - 11	12 - 13	14+
HEIGHT	119 - 129.5	129.5 - 139.5	139.5 - 149.5	149.5 - 160.	160 - 170
WAIST	59.5 - 60.5	60.5 - 63.5	63.5 - 68.5	68.5 - 71	71 - 74.5
INSEAM	16.5	17.5	19	20	21.5
OUTSEAM	33.5 - 35.5	35.5 - 38	38.5 - 40.5	40.5 - 43	43.5 - 45.5

INFANT & TODDLER

WAIST	48-49	49-51	51-52
WEIGHT	12-13	13-15	15-16



# **CHEST/BUST:** Wrap the tape around the fullest part of your chest, keeping it level.

How To Measure

**LENGTH:** Measure from the top of your shoulder down to your desired length.

**WAIST:** Find the narrowest part of your waist (where you bend) and measure around it.

**OUTSEAM:** Measure from the waist down the outside of the leg to the ankle or desired length. **INSEAM:** Measure from the crotch down the inside of the leg to the ankle or desired length.

If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit.

All measurements are subject to +/- 1 inch difference
For custom measurements please leave a comment or contact us.