

GYMNASTICS SIZE CHART

Classic Fit - Designed For Easy Unrestricted Movement

Last Updated: May 2025

WOMEN

SIZE	WXS	WS	WM	WL	WXL	W2XL	W3XL
US SIZE	2-4	4-6	8-10	10-12	14-16	18-20	20-22
CHEST	76 - 81	81 - 86	86 - 91	91 - 96	99 - 104	117 - 127	127 - 137
WAIST	56 - 61	61 - 66	66 - 71	71 - 76	79 - 84	99 - 109	109 - 119
HIPS	81 - 86	89 - 94	94 - 99	99 - 104	104 - 109	124.5 - 134.5	134.5 - 144.5
LENGTH	137 - 142	145 - 150	150 - 155	155 - 160	160 - 165	175 - 183	183 - 190.5

YOUTH

SIZE	YXS	YS	YM	YL	YXL
US SIZE	2-4	4-5	7-8	10-12	14-16
CHEST	51 - 53.5	56 - 58.5	66 - 71	73.5 - 78.5	84 - 89
WAIST	48 - 51	51 - 53.5	58.5 - 53.5	66 - 71	76 - 81
HIPS	53.5 - 58.5	58.5 - 63.5	68.5 - 73.5	76 - 81	86.5 - 91.5
LENGTH	89 - 96.5	99 - 106.5	119.5 - 127	127 - 134.5	134.5 - 142



All sizes are in centimeters*

How To Measure

CHEST/BUST: Wrap the tape around the fullest part of your chest, keeping it level.

WAIST: Find the narrowest part of your waist (where you bend) and measure around it.

HIPS: Measure around the fullest part of your hips.

LENGTH: Measure from the center of your shoulder down to the desired bottom edge.

If you cannot decide between two sizes, please choose the smaller size for a tighter fit or the larger size for a looser fit.

All measurements are subject to +/- 1 inch difference