

## Training Shoes

### MEN

SIZE	US 5 / EU 38	US 6 / EU 39	US 7 / EU 40	US 7.5 / EU 41	US 8.5 / EU 42	US 9.5 / EU 43	US 10 / EU 44
INSOLE LENGTH	9.96	10.23	10.51	10.74	10.74	11.29	11.53

SIZE	US 11 / EU 45	US 12 / EU 46	US 13 / EU 47	US 14 / EU 48
INSOLE LENGTH	11.81	12.08	12.32	12.59

### WOMEN

SIZE	US 5.5 / EU 36	US 6 / EU 37	US 7 / EU 38	US 8 / EU 39	US 9 / EU 40	US 10 / EU 41	US 11 / EU 42
INSOLE LENGTH	9.44	9.68	9.96	10.23	10.51	10.74	11.02

SIZE	US 11.5 / EU 43	US 12 / EU 44
INSOLE LENGTH	11.29	11.53

### YOUTH

SIZE	US 5 / EU 29	US 6 / EU 30	US 7 / EU 31	US 8 / EU 32	US 9 / EU 33	US 10 / EU 34
INSOLE LENGTH	7.67	7.95	8.22	8.50	8.77	9.05



**All sizes are in inches**